My Dear Alpha Siddha,

I am writing this letter to you with a lot of happiness and bliss within me.

Yes, we have completed our Rishikesh Yatra this year and the bliss experienced during this yatra is still lingering in the mind. This year’s yatra was very special because we also made a trip to Maha Avatar Babaji’s cave!

A part of the group left Chennai 3 days earlier and proceeded to Rishikesh. After a night’s stopover at the Dayanand Saraswathi Ashram there, we continued our journey in the morning towards Dwarahut. We reached around 9.30 pm and stayed the night there. Again we started early in the morning towards Dunagiri where the cave is located. The cave is located on a hill and we have to climb at least one km. We began the climb at about 7.30 am and reached the cave around 8.15 am. This is a cave where Babaji had sat and meditated! This is a cave where he had initiated his first disciple Lahiri Mahasaya! It was indeed a very powerful experience to sit in that cave and meditate. Each one of the Alpha Siddhas could feel the presence and blessings of Babaji!

Such experiences form milestones on the path of spirituality. We then returned to Rishikesh Ashram and the entire group joined us on the following day. Now we were around 100 people and it was spiritually a very uplifting trip. The Ganges flows just behind the Ashram. We meditated every morning at 4.00 am very close to the Ganges.

On the second day we proceeded to Brahmakundam at Haridwar to have a dip in the Holy Ganges. We did the Pithru Dosha Dyana standing in the Ganges. From there we proceeded to Keshavashram where we could sit beneath the Samadhi of Lahiri Mahasaya and meditate. And, believe me, that was a wonderful experience as well!

On the third day we went up the Himalayas to the cave of sage Vashisht. Sitting inside that cave and meditating gives a real out of this world experience! Close to that cave is another cave named after Arundathi, the wife of Sage Vashist. That evening we had a special Ganga Pooja and Ganga Aarti at the Ashram on the banks of the Ganges.

The fourth day was even more special. I asked our Alpha Siddhas to observe silence and watch their own thoughts. Some of them could do it and they got some important inputs for their lives. That evening we had a very special meditation for trauma release. Meditating at our own house is one thing and meditating near the banks of the Ganges is another experience altogether! It was a very powerful release for all the participants.

And then on the fifth day we began our return journey. Each and every Alpha Siddha’s heart was full of joy and mind full of very sweet memories.

Our next Rishikesh and Babaji’s cave Yatra will be planned during March/April 2015. You must certainly participate in this yatra at least once in your life. So, go ahead and make your plans.

My wishes to each one of you to have beautiful experiences in life which will make you more spiritual and also stronger!

Blessings,
Dr. Viji Panthaiyan
கூறுவருகின்றோ? உண்மையான வெளிப்பாட்டிகளைக் காட்டுவதற்கான கால்பாண்டை உள்ளே அறிவியலை காண்க. உண்மையான முயற்சியை கூறுவதற்கான விளக்கங்களை உள்ளே அறிவியலை காண்க. 

தமிழக் கல்வியுடைய வெளிப்பாட்டில் தமிழ்தமிழ் விளக்கங்களை உள்ளே அறிவியலை காண்க.
I had leg pain for the past few years. I could not stand or walk for more than 10 minutes continuously. After practicing ‘Organ transplant meditation’ which was taught in Level 3, I forgot about that pain. Then I realised that my leg pain had been cured. Thank you Guruji and Alpha Mind Power!

Ms. Vijayalakshmi – Chennai

Beautiful experiences every single day! My husband has a coffee estate in Yercard, but was worried because of delay in rains & the streams drying up. I meditated for rains to fall and it came true this week! The streams are full & flowing with fresh water and the coffee plants are so happy! Thanks to Guruji & Alpha!

Ms. Kathyayini – Chennai

My wife was diagnosed with a hole in her heart. Three different doctors said that surgery was the only solution. I did Alpha meditation that my wife should be cured without any surgery. Later when we met a senior surgeon, he said that treatment with medicines alone will cure her. My wife is completely cured now without any surgery and she is very healthy. Thanks to Alpha!

Alpha Siddha – Chennai

My grandson had written his 10th standard in the recent board exam. I visualized that he got 491 marks. To everyone’s surprise he got the same marks. This miracle was possible only because of Alpha. Thanks to Alpha and Guruji!

Mr. Subramanian – Coimbatore

I found that for the past few months there were too many problems in my house. Money flow also was very low. Then I attended Psychic Energy class and understood how to measure the energy and I found, to my dismay that the energy of my house was very negative. Using the methods taught by Guruji in this class, I was able to change this immediately. Within a few days everything changed and we are all very happy now. Thanks a million to Alpha and Guruji!

Alpha Siddha – Chennai

My sleep was disturbed and everyone in the house was having bad dreams every night. There was no peace at all. After attending Psychic Energy class, I used the meditation, lime, magical numbers and other techniques including the herbal powder. Now, the energy is positive and my meditations are atleast very regular. Thanks to God for introducing me to Alpha and Guruji!
Important Announcement

Photos and Videos of our Rishikesh and Babaji’s Cave Yatra 2014 are uploaded on our website. Do watch and enjoy!

Watch Guruji’s TV Programs!

- Makkal TV - Monday  9.30am
- Sankara TV - Friday  9.30am
- Sankara TV - Sunday  12.00noon
- Watch our Guruji’s TV programs also on our Website
  www.alphamindpower.net